



City of Portland  
Parks, Recreation and Facilities Management  
Therapeutic Recreation Services  
212 Canco Road, Ste A, Portland, Maine 04103  
Main Office: 207-808-5400  
Rose Cronin: 207-808-5437  
Email: rc@portlandmaine.gov

### Intake Profile

*This form is to be completed by an individual who knows the patient well other than a family member. This may be a physical therapist, special education teacher, social worker or a case manager. The information contained on this form will help the Center for Therapeutic Recreation staff develop goals and objectives for participation and determine the amount of assistance needed to participate in activities offered.*

### REFERRING PARTY INFORMATION

Name of Referring Party: \_\_\_\_\_ Title or Job Position: \_\_\_\_\_  
Name of Agency: \_\_\_\_\_  
Mailing address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
E-mail Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

### PARTICIPANT INFORMATION

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Name of Parent or Guardian: \_\_\_\_\_  
E-mail Address: \_\_\_\_\_

### REFERRAL RECOMENDATION INFORMATION

This referral is the recommendation of: \_\_\_\_\_  
Contact Person: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
E-mail Address: \_\_\_\_\_  
Reason for the referral and goal areas to be addressed:  
❖ \_\_\_\_\_  
❖ \_\_\_\_\_  
❖ \_\_\_\_\_  
❖ \_\_\_\_\_  
❖ \_\_\_\_\_

### PLEASE DESCRIBE INDIVIDUAL'S DISABILITY AND SPECIAL NEEDS

Physical: \_\_\_\_\_  
Emotional: \_\_\_\_\_  
Cognitive: \_\_\_\_\_  
Multiple Needs: \_\_\_\_\_

Is the individual's mental health and emotional functioning stable? Yes No  
Are there any food allergies? Yes No  
What foods? \_\_\_\_\_

**Medications: Please list ALL medications taken by the individual:**

_____	_____	_____
_____	_____	_____
_____	_____	_____

Is the individual subject to seizures? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, What type? \_\_\_\_\_

Does the individual experience an aura prior to the onset of a seizure? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, Please describe: \_\_\_\_\_

**Physical Functioning~Describe self-care abilities, attention to hygiene, and dressing capabilities:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please describe coordination, mobility and use of assistive devices:**

\_\_\_\_\_  
\_\_\_\_\_

**Communication Skills:**

**Expressive Language:** \_\_\_\_\_

**Receptive Language:** : \_\_\_\_\_

**Comprehension Ability:**

Ability to understand directions/recall information (memory): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Best way to present information: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Ability to attend to task: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Social Functioning:**

Describe relationships with peers, staff, family and self: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Describe socialization skills, manners, appropriateness of behavior and exposure to the community: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Strategies that work well to facilitate participation and learning:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Behavior Plan**

Does the individual have a defined behavior plan? Yes No

If yes, please attach a copy of the plan to this form or let us know how you would like us to address behavioral concerns here at the pool.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_