



Adult Leisure Inventory
Please mail completed forms to:

City of Portland
Parks, Recreation and Facilities Management
Therapeutic Recreation Services
212 Canco Road, Ste A, Portland, Maine 04103
Main Office: 207-808-5400
Rose Cronin: 207-808-5437
Email: rc@portlandmaine.gov

Participant Information

Name: _____ Date Completed: _____

Who completed this inventory? _____

List a few things that you like to do:

- 1.
- 2.
- 3.
- 4.
- 5.

List two (2) activities that you have not done for a long time (one year or longer): 1.

- 2.

Identify two (2) leisure activities that you have at home:

- 1.
- 2.

List two (2) community leisure/recreation programs that are in your home town that you participate in.

- 1.
- 2.

List two (2) activities that you would like to do better or learn how to do.

- 1.
- 2.

Share with us one of your favorite leisure/recreation activities and what you like(d) about it.

Can you name a time when you had the most fun doing an activity? What was the activity and why was it fun?

RECREATION ACTIVITIES: Please check all of the activities that you enjoy participating in:

| | | |
|---|--|--|
| <p>❖ MUSIC</p> <p><input type="checkbox"/> Dancing</p> <p><input type="checkbox"/> Singing</p> <p><input type="checkbox"/> Symphony Performances</p> <p><input type="checkbox"/> Musicals</p> <p><input type="checkbox"/> Other: _____</p> | <p><input type="checkbox"/> Bowling</p> <p><input type="checkbox"/> Swimming</p> <p><input type="checkbox"/> Badminton</p> <p><input type="checkbox"/> Golf</p> <p><input type="checkbox"/> Shuffleboard</p> <p><input type="checkbox"/> Hiking</p> | <p><input type="checkbox"/> Woodworking</p> <p><input type="checkbox"/> Jewelry Making</p> <p><input type="checkbox"/> Ceramics</p> <p><input type="checkbox"/> Pottery</p> <p><input type="checkbox"/> Mosaics</p> <p><input type="checkbox"/> Painting</p> |
| <p>❖ PLAYING A MUSICAL INSTRUMENT</p> <p><input type="checkbox"/> Piano</p> <p><input type="checkbox"/> Guitar</p> <p><input type="checkbox"/> Drums</p> <p><input type="checkbox"/> Other: _____</p> | <p><input type="checkbox"/> Soccer</p> <p><input type="checkbox"/> Ice Skating</p> <p><input type="checkbox"/> Snow Shoeing</p> <p><input type="checkbox"/> Cross County Skiing</p> <p><input type="checkbox"/> Other: _____</p> | <p><input type="checkbox"/> Model Building</p> <p><input type="checkbox"/> Photography</p> <p><input type="checkbox"/> Tin Work</p> <p><input type="checkbox"/> Drawing</p> <p><input type="checkbox"/> Crafts</p> |
| <p>❖ TABLE GAMES</p> <p><input type="checkbox"/> Poker</p> <p><input type="checkbox"/> Bridge</p> <p><input type="checkbox"/> Solitaire</p> <p><input type="checkbox"/> Chess</p> <p><input type="checkbox"/> Checkers</p> <p><input type="checkbox"/> Dominoes</p> <p><input type="checkbox"/> Scrabble</p> <p><input type="checkbox"/> Puzzles</p> <p><input type="checkbox"/> Other: _____</p> | <p>❖ HOME SKILLS</p> <p><input type="checkbox"/> Plant/Flower Care</p> <p><input type="checkbox"/> Gardening</p> <p><input type="checkbox"/> Daily Living Skills</p> <p><input type="checkbox"/> Cooking/Baking</p> <p><input type="checkbox"/> Sewing/Mending</p> <p><input type="checkbox"/> Ironing</p> <p><input type="checkbox"/> Decorating</p> <p><input type="checkbox"/> Hair Styling</p> <p><input type="checkbox"/> Laundry</p> | <p><input type="checkbox"/> Dramatics</p> <p><input type="checkbox"/> Writing</p> <p><input type="checkbox"/> Public Speaking</p> <p><input type="checkbox"/> Expressive Dance</p> <p><input type="checkbox"/> Other: _____</p> |
| <p>❖ SPORTS</p> <p><input type="checkbox"/> Jogging</p> <p><input type="checkbox"/> Fishing</p> <p><input type="checkbox"/> Baseball</p> <p><input type="checkbox"/> Ice Hockey</p> <p><input type="checkbox"/> Tennis</p> <p><input type="checkbox"/> Table Tennis</p> <p><input type="checkbox"/> Basketball</p> <p><input type="checkbox"/> Archery</p> <p><input type="checkbox"/> Exercise</p> <p><input type="checkbox"/> Volleyball</p> <p><input type="checkbox"/> Yoga</p> <p><input type="checkbox"/> Softball</p> | <p><input type="checkbox"/> Car Washing</p> <p><input type="checkbox"/> Other: _____</p> <p>❖ CLUBS</p> <p><input type="checkbox"/> Nature & Ecology</p> <p><input type="checkbox"/> Music Appreciation</p> <p><input type="checkbox"/> Collectors</p> <p><input type="checkbox"/> Books</p> <p><input type="checkbox"/> Drama</p> <p><input type="checkbox"/> Trips & Tours</p> <p><input type="checkbox"/> Other: _____</p> <p>❖ ARTS & CRAFTS</p> <p><input type="checkbox"/> Needlework</p> <p><input type="checkbox"/> Knitting</p> | <p align="center">Share Other Interests:</p> |